

GLUTEN FRIENDLY MENU

STARTERS

Chef’s Soup of the Day <i>(Allergen: Dairy)</i>	€8.00
Sizzling Garlic Prawns <i>(Allergen: Dairy, Sulphates, Celery)</i> Cherry Tomatoes	€16.50

MAIN COURSES

Fresh Catch of the Day <i>(Allergen: Please ask your Server)</i>	€24.50
Stir-Fry of Crisp Vegetables <i>(Contains Eggs, Soya, Dairy)</i> Served in a Sweet Chilli & Soy Sauce on a bed of Long Grain Rice	€19.50
Add Chicken	€5.00
Add Prawns	€8.00
Pan - Fried Breast of Chicken <i>(Allergen: Dairy, Sulphates)</i> Served with Roast Gravy	€21.50
Chicken Curry <i>(Allergen: Milk, Nuts, Cereals, Mustard)</i> Served with Long Grain Rice	€21.50
Prime 10oz Striploin Steak <i>(Allergen: Cereals,, Lupin, Suphites, Soybeans, Dairy)</i> Served with Mushroom & Peppercorn Sauce or Garlic Butter	€34.50
Vegetarian Curry <i>(Allergen: Milk, Nuts, Cereals, Mustard)</i> Served with Long Grain Rice	€21.50
Roast Striploin of Beef <i>(Allergen: Soybeans, Celery, Sulphites)</i>	€24.50

DESSERTS

Eton Mess Strawberries, Ice Cream & Fresh Cream <i>(Allergen: Dairy, Eggs)</i>	€9.50
Fresh Fruit Salad with Ice Cream & Fresh Cream <i>(Allergen: Dairy)</i>	€9.50



Bellbridge House
HOTEL

MENU



Bellbridge House Hotel, Spanish Point, Dough, Co. Clare, Ireland
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Chef's Soup of the Day Served with Brown Bread <i>(Allergen: Dairy, Celery)</i>	€8.00
Warm Chicken Wings Served with BBQ Sauce <i>(Allergen: Cereals Containing Gluten, Wheat, Egg, Dairy, Mustard, Soya, Dairy)</i>	€12.50
Chicken & Mushroom Vol Au Vent, Cream Sauce, Bound in Puff Pastry <i>(Allergen: Dairy, Sulphphites, Cereals, Containing Gluten Wheat, Egg, Celery)</i>	€12.50 / €21.00
Sizzling Garlic Prawns, Cherry/Tomatoes Garlic Bread, <i>(Allergen: Dairy, Fish, Mollucs, Crustaceans, Cereals Containing Gluten Wheat)</i>	€16.50
Golden Fried Oriental Duck Spring Rolls, Tossed Salad Leaves, Sweet Chilli Sauce <i>(Allergen: Cereals Containing Gluten Wheat, Egg, Dairy, Mustard, Sulphites, Soybean, Sesame, Soy)</i>	€12.50
Deep Fried Wedges of French Brie, with a Red Currant Jelly Sauce <i>(Allergen: Cereals Containing Gluten Wheat, Egg, Dairy, Mustard, Sulphites, Sesame)</i>	€12.50
MAIN COURSES	
Prime Roast of the Day <i>(Allergen: Sulphites, Soybean)</i>	€24.50
100% Homemade Bellbridge Beef Lasagne Salad & Chips <i>(Allergine: Sulphites, Egg, Dairy, Celery, Lupin, Cereals Containing Gluten Wheat, Soybeans)</i>	€20.50
Pan-Fried Prime 10oz Striploin Steak Cooked to your liking. Serves with Fried Onion Rings & Mushroom, Peppercorn Sauce or Garlic Butter <i>(Allergen; Cereals containing Gluten, Wheat, Lupin, Suphites, Soybeans, Dairy)</i>	€34.00
Fresh Catch of the Day <i>(Allergen: Please ask your server)</i>	€24.50
Chicken Curry Rice, Chips & Poppadum <i>(Allergen: Milk, Cereals Containing Gluten, Wheat, Nuts, Cereals, Mustard)</i>	€21.50
Vegetarian Curry Rice, Chips & Poppadum <i>(Allergen: Milk, Cereal, Nuts, Cereals, Mustard)</i>	€21.50
Bellbridge Tender Chicken Goujons Salad, Chips & Southwest Sauce <i>(Allergen: Sulphates, Egg, Cereals Containing Gluten, Milk)</i>	€19.50
Stir Fry of Crisp Vegetables In Sweet Chilli & Soy Sauce, Served on a Bed of Oriental Egg Noodles <i>(Allergen: Contains Egg, Soya, Gluten, Diary, Cereals Containing Gluten, Wheat)</i>	€19.50
Add Chicken	€5.00
Add Prawns	€8.00

*All Main Courses Served with Potato
& Vegetables or Chips & Salad*

Chips / Side Salad / Garlic Bread / Rice / Noodles	€4.50
<i>(Allergen: Lupin, Cereals Containing Gluten Wheat, Mustard, Eggs, Dairy)</i>	
LIGHT SNACKS	
Club Sandwich	€16.95
Chicken, Ham, Cheese, Onion & Tomatoes and Chips	
<i>(Allergen: Cereals Containing Gluten Wheat, Lupin, Dairy, Mustard Egg)</i>	
Plain Sandwich	€8.00
<i>(Allergen: Cereals Containing Gluten Wheat, Lupin, Dairy, Mustard Egg)</i>	
Toasted Sandwich	€9.00
<i>(Allergen: Cereals Containing Gluten Wheat, Lupin, Dairy, Mustard Egg)</i>	
SWEET TREATS	
Warm Traditional Apple Pie	€9.50
Warm Custard, Ice Cream & Fresh Cream	
<i>(Allergen: Cereals Containing Gluten Wheat, Lupin, Sulphites, Egg, Dairy, Nuts)</i>	
Homemade Cheesecake of the Day	€9.50
(Please See Specials Board)	
<i>(Allergen: Cereals Containing Gluten Wheat, Lupin, Sulphites, Eggs, Dairy, Soya)</i>	
Warm Chocolate Fondant	€9.50
Served with Seasonal Fruit Compote	
<i>(Allergen: Cereals Containing Gluten Wheat, Lupin, Sulphites, Egg, Dairy, Soybeans, Nuts)</i>	
Eton Mess	€9.50
Fresh Strawberries, Ice Cream & Fresh Cream	
<i>(Allergen: Egg, Dairy)</i>	
Vanilla Cream Filled Profiteroles	€9.50
Chocolate Sauce, Ice Cream & Fresh Cream	
<i>(Allergen: Cereals Containing Gluten Wheat, Lupin, Sulphites, Egg, Dairy)</i>	
Warm Homemade Scone	€5.00
Fresh Cream & Preserves	
<i>(Allergen: Cereals Containing Gluten Wheat, Lupin, Sulphites, Egg, Dairy)</i>	
Extra Scoop of Ice Cream	€1.50
Tea	€3.50
Americano	€4.00
Cappuccino, Latte, Flat White, Espresso	€4.20
Irish, French, Calypso, Baileys Coffee	€8.50

We do not Split Bills, one bill per table. Thank you