

## GLUTEN FRIENDLY MENU

### STARTERS

<b>Chef's Soup of the Day</b>	€8.00
<i>(Allergen: Dairy, Celery)</i>	
<b>Wild Atlantic Prawn Cocktail</b>	€13.50
Classic Cocktail Sauce <i>(Allergen: Dairy, Fish, Celery, Molluscs, Crustaceans, Eggs, Sulphites)</i>	
<b>Sizzling Garlic Prawns</b>	€15.95
Cherry Tomatoes <i>(Allergen: Dairy, Fish, Celery, Molluscs, Crustaceans)</i>	
<b>Seafood Plate</b>	€15.95
Prawns, Smoked Salmon, Smoked Mackerel Crab Claws <i>(Allergen: Dairy, Fish, Celery, Molluscs, Crustaceans, Eggs)</i>	
<b>St. Tola's Goats Cheese Salad</b>	€12.50
Beetroot, Walnuts & Pomegranate, Lettuce, Balsamic Vinegar <i>(Allergen: Nuts, Dairy, Lupin, Eggs, Sulphites)</i>	

### MAIN COURSES

<b>Fresh Catch of The Day</b>	€24.50
<i>(Allergen: please ask your server)</i>	
<b>Grilled Seabass</b>	€22.50
Lemon Chive Butter <i>(Allergen: Fish, Eggs, Dairy, Crustaceans, Sulphites, Molluscs)</i>	
<b>Chicken Curry</b>	€21.50
Rice & Chips <i>(Allergen: Contains Milk, Nuts, Soya, Sulphates)</i>	
<b>Vegetarian Curry</b>	€19.95
Rice & Chips (Add. Prawns €5.00) <i>(Allergen: Milk, Nuts, Soya, Dairy)</i>	
<b>Roast Sirloin of Beef</b>	€23.50
<i>(Allergen: Sulphites, Soybeans)</i>	
<b>Pan-Fried Breast of Chicken</b>	€20.50
Served with Roast Gravy <i>(Allergen: Sulphites, Soybeans)</i>	

### SWEET TREATS

<b>Rockslide Chocolate Brownie</b>	€9.50
Served with Chocolate Sauce, Ice Cream & Fresh Cream <i>(Allergen: Dairy, Eggs, Sulphites, Nuts, Soya)</i>	
<b>Eton Mess</b>	€9.50
Fresh Strawberries, Ice Cream & Fresh Cream <i>(Allergen: Dairy, Eggs)</i>	
<b>Fresh Fruit Salad</b>	€9.50
Ice Cream & Fresh Cream <i>(Allergen: Dairy)</i>	



**Bellbridge House**  
HOTEL

MENU



## STARTERS

<b>Chef's Soup of the Day</b> Homemade Brown Bread <i>(Allergen: Dairy, Celery)</i>	€8.00
<b>Atlantic Seafood Chowder</b> Served with Brown Soda Bread <i>(Allergen: Dairy, Fish, Celery, Molluscs, Crustaceans, Cereals Containing Gluten Wheat)</i>	€10.50
<b>Golden Deep Fried Garlic Mushroom</b> Seasonal Salad & Garlic Dip	€11.50
<b>Chicken, Mushroom &amp; Smoked Bacon</b> Cream Sauce, Bound in Puff Pastry <i>(Allergen: Dairy, Sulphites, Cereals Containing Gluten Wheat, Egg, Celery)</i>	€12.50 / €20.50
<b>Wild Atlantic Prawn Cocktail</b> Classic Cocktail Sauce <i>(Allergen: Dairy, Fish, Celery, Molluscs, Crustaceans, Sulphites)</i>	€13.50
<b>Sizzling Garlic Prawns</b> Cherry Tomatoes & Toasted Sourdough <i>(Allergen: Dairy, Fish, Molluscs, Crustaceans, , Cereals Containing Gluten Wheat)</i>	€15.95
<b>Seafood Plate</b> Prawns, Smoked Salmon, Smoked Trout, Crab Claws <i>(Allergen: Dairy, Fish, Molluscs, Crustaceans, Sulphites)</i>	€15.95
<b>St. Tola's Goats Cheese Crostini</b> Beetroot, Walnuts, Pear & Pomegranate <i>(Allergen: Nuts, Dairy, Lupin, Cereals Containing Gluten Wheat)</i>	€12.50

## MAIN COURSES

<b>Prime Roast Of The Day</b> <i>(Allergen: Sulphites, Soybeans)</i>	€23.50
<b>Roast Half Silver Hill Duck</b> House Stuffing, Roasted Parsnips, Apple, Orange Glaze <i>(Allergen: Lupin, Cereals Containing Gluten Wheat, Sulphites, Soybeans)</i>	€27.95
<b>100% Homemade Bellbridge Beef Lasagne</b> With Chips & Salad <i>Allergen: Sulphites, Egg, Dairy, Celery, Lupin, Cereals Containing Gluten Wheat, Soybeans)</i>	€20.50
<b>Prime Sirloin Steak</b> Colcannon, French Fried Onion & Mushroom <i>(Allergen: Cereals Containing Gluten Wheat, Lupin, Sulphites, Soybeans)</i>	€34.00
<b>Fresh Catch of The Day</b> <i>((Allergens please ask your server))</i>	€24.50
<b>Grilled Seabass</b> Lemon Chive Butter <i>(Allergen: Fish, Crustaceans, Dairy, Celery)</i>	€22.50
<b>Chicken Kiev</b> Served with Chips & Salad <i>(Allergen: Cereals Containing Gluten Wheat, Dairy, Eggs, Lupin)</i>	€20.50
<b>Wild Atlantic Seafood Spaghetti</b> Salmon, Prawns, Muscles & Cod, Cream Sauce <i>(Allergen: Fish, Crustaceans, Molluscs, Cereals Containing Gluten Wheat, Sulphites, Lupin, Dairy, Mustard)</i>	€24.95
<b>Chicken Curry</b> Rice, Chips & A Crispy Poppadum <i>(Allergen: Contains Milk, Cereals Containing Gluten, Nuts, Cereal)</i>	€21.50
<b>Vegetarian Curry</b> Rice, Chips & A Crispy Poppadum <i>(Allergen: Contains Milk, Cereals, Gluten, Nuts)</i>	€19.95
<b>Stir Fry of Crisp Vegetables</b> In a Sweet Chilli & Soy Sauce, Served on a Bed of Oriental Egg Noodles (Add. Chicken €3.00) <i>(Allergen: Contains Egg, Soya, Cereals Containing Gluten, Milk)</i>	€19.00
<b>Bellbridge Tender Chicken Goujons</b> French Fries, Sweet Chilli & Salad <i>(Allergen: Contains Sulphates, Egg, Cereals Containing Gluten, Milk)</i>	€19.50
<b>Golden Fried Oriental Duck Spring Rolls</b> Tossed Salad Leaves, Sweet Chilli Sauce, Salad & Chips <i>(Allergen: Contains Dairy, Eggs, Celery, Cereals Containing Gluten, Sulphates)</i>	€12.50 / €20.50

*All Main Courses Served with Potato  
& Vegetables or Chips & Salad*

## SIDE ORDERS

<b>Chips/Side Salad/Garlic Bread/Fresh Vegetables /Potatoes</b>	€4.50
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*(Allergen: Lupin, Cereals Containing Gluten Wheat, Mustard, Eggs, Dairy)*

## LIGHT SNACKS

<b>Open Sourdough, Chicken Salad</b> Served with Side Salad & Chips <i>(Allergen: Cereals Containing Gluten Wheat, Lupin, Eggs, Dairy, Sulphites, Mustar)</i>	€16.95
<b>BLT Ciabatta</b> Toasted with Bacon, Lettuce, Tomato, Mayonnaise, Served with Chips and Salad <i>(Allergen: Cereal containing Gluten Wheat , Lupin, Mustard, Eggs, Sulphites)</i>	€16.50
<b>Toasted Special</b> Ham, Cheese, Tomato, Onion & Chips <i>(Allergen: Lupin, Dairy, Mustard, Dairy, Cereal Containing Gluten)</i>	€12.50
<b>Open Sourdough, Smoked Salmon</b> Served with Side Salad & Chips <i>(Allergen: Cereals Containing Gluten Wheat, Lupin, Fish, Sulphites, Eggs)</i>	€18.95

## SWEET TREATS

<b>Warm Traditional Apple Pie</b> Warm Custard <i>(Allergen: Cereals Containing Gluten Wheat, Lupin, Sulphites, Egg, Dairy, Nuts)</i>	€9.50
<b>Homemade Cheesecake of the Day</b> (Please See Specials Board) <i>(Allergen: Cereals Containing Gluten Wheat, Lupin, Sulphites, Egg, Dairy)</i>	€9.50
<b>Sticky Toffee Pudding</b> Butterscotch Sauce <i>(Allergen: Cereals Containing Gluten Wheat, Lupin, Sulphites, Egg, Dairy, Soybeans)</i>	€9.50
<b>Warm Chocolate Fondant</b> Served with Seasonal Fruit Compote <i>(Allergen: cereals Containing Gluten Wheat, Lupin, Sulphites, Egg, Dairy, Soybeans, Nuts)</i>	€9.50
<b>Eton Mess</b> Fresh Strawberries <i>(Allergen: Egg, Dairy)</i>	€9.50
<b>Vanilla Cream Filled Profiteroles</b> Chocolate Sauce <i>(Allergen: Cereals Containing Gluten Wheat, Lupin, Sulphites, Egg, Dairy)</i>	€9.50
<b>Warm Homemade Scone</b> Fresh Cream & Preserves <i>(Allergen: Cereals Containing Gluten Wheat, Lupin, Sulphites, Egg, Dairy)</i>	€5.00

*All Deserts are Served with Ice Cream & Fresh Cream*

## HOT BEVERAGES

Tea	€3.50
Coffee	€4.00
Americano,, Espresso	€4.00
Cappuccino, Latte, Flat White	€4.20
Irish, French, Calypso, Baileys Coffee	€8.50