

GLUTEN FRIENDLY MENU

STARTERS

**Chef’s Soup of the Day** *(Allergen: Dairy, Celery)* €8.00

**Seasonal Salad** €12.50  
Rocket Leaves, Roasted Mix Seeds, Crispy Bacon & Buffalo Mozzarella  
*(Allergen: Dairy, Mustard, Egg, Nuts and Sesame Seeds)*

MAIN COURSES

**Catch of the Day** *(See the Specials Board)* €22.50

**Prime Roast of the Day** *(No Stuffing) (See the Specials Board)* €22.00

**Pan - Fried Breast of Chicken** *(Allergen: Dairy, Sulphates, Celery)* €19.50  
Served with Roast Gravy

**Stir Fry of Crisp Vegetables** *(Allergen: Contains Egg, Soya, Dairy, Sulphates)* €19.00  
In a Sweet Chilli & Soy Sauce served with Rice

DESSERTS

**Chocolate Brownie** €9.00  
Served with Chocolate Sauce  
*(Allergen: Dairy, Egg, Sulphates)*

**Eton Mess** €9.00  
Strawberries & Fresh Cream  
*(Allergen: Dairy, Eggs)*

**Fresh Fruit Salad** €9.00  
with fresh Cream, Fruit Coulis Vanilla Ice Cream  
*(Allergen: Dairy)*



Bellbridge House  
HOTEL

MENU



Bellbridge House Hotel, Spanish Point, Dough, Co. Clare, Ireland  
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STARTERS

<b>Chef’s Soup of the Day, Selection of Breads</b> <i>(Allergen: Contains Dairy, Celery, Gluten Friendly)</i>	€8.00
<b>Homemade Atlantic Seafood Chowder</b> Served with Brown Soda Bread <i>(Allergen: Shellfish, Cereal Containing Gluten, Fish, Celery)</i>	€9.95
<b>Deep Fried Wedges of French Brie</b> With a Tomato & Country Relish <i>(Allergen: Contains Dairy, Cereals Containing Gluten, Sesame Seeds, Egg, Mustard, Celery, Soya)</i>	€12.00 / €18.50
<b>Sambuca Wok Tiger Prawns</b> Mushrooms Cream, Served with Egg Fried Noodles <i>(Allergen: Contains Dairy, Cereals Containing Gluten, Sesame Seeds, Egg, Mustard, Celery, Soya)</i>	€14.95
<b>Seasonal Salad</b> Rocket Leaves, Roasted Mix Seeds, Crispy Bacon & Buffalo Mozzarella <i>(Allergen: Dairy, Mustard, Egg, Nuts and Sesame Seeds)</i>	€12.50
<b>Sauté Chicken &amp; Field Mushroom Vol au Vent</b> White Wine, Fine Herb Cream Velouté in a Crisp Bouchée <i>(Allergen: Contains Dairy, Sulphites, Cereals Containing Gluten, Egg)</i>	€11.50 / €19.50
<b>Golden Fried Oriental Duck Spring Rolls</b> Tossed Salad Leaves, Sweet Chilli Sauce <i>(Allergen: Contains Dairy, Eggs, Celery, Cereals Containing Gluten, Sulphates)</i>	€10.50 / €18.50
<b>Warm BBQ Chicken Wings</b> <i>(Allergen: Cereals Containing Gluten, Mustard, Egg, Soya, Dairy)</i>	€11.50 / €19.50

MAIN COURSES

<b>Stir Fry of Crisp Vegetables</b> In a Sweet Chilli & Soy Sauce, Served on a Bed of Oriental Egg Noodles <i>(Allergen: Contains Egg, Soya, Cereals Containing Gluten, Milk,)</i>	€19.00
<b>Homemade Bellbridge Beef Lasagne</b> with Chips & Salad <i>(Allergen: Contains Sulphates, Egg, Cereals Containing Gluten, Milk,)</i>	€19.50
<b>Bellbridge Tender Chicken Goujons.</b> French Fries, Sweet Chilli, Salad <i>(Allergen: Contains Sulphates, Egg, Cereals Containing Gluten, Milk,)</i>	€19.50
<b>Fresh Catch of the Day</b> <i>(Allergen: Please ask your Server)</i>	€22.50
<b>Prime Roast of the Day</b> <i>(Allergen: Please ask your Server)</i>	€22.00
<b>Vegetable Curry</b> Basmati Rice, Chips & a Crispy Poppadum <i>(Allergen: Cereals Containing Gluten, Milk, Egg)</i>	€19.00
<b>Chicken Curry</b> Basmati Rice, Chips & a Crispy Poppadum <i>(Allergen: Contains Milk, Cereals Containing Gluten, Nuts, Cereal)</i>	€20.50
<b>Pan-Fried Prime 10oz Sirloin Steak</b> Cooked to your liking. Peppercorn Sauce or Garlic Butter <i>(Allergen; Contains Cereals Containing Gluten, Dairy)</i>	€32.00
<b>Chicken Kiev, with Chips &amp; Salad</b> <i>(Allergens: Cereals Containing Gluten, Dairy, Egg, Lupin)</i>	€19.50
<b>Wild Atlantic Seafood Pasta</b> <i>(Allergens: Dairy, Egg, Fish, Shellfish, Sulphates, Cereals Containing Gluten)</i>	€23.95

*All Main Courses Served with Potato & Vegetables or Chips & Salad*

SIDE ORDERS

<b>Chips / Side Salad / Potato Salad / Rice / Coleslaw</b>	€4.00
<b>Garlic Bread</b> <i>(Allergen: Lupin, Dairy, Cereals Containing Gluten, Mustard)</i>	€4.50

LIGHT SNACKS

<b>Bellbridge Club Sandwich</b> Toasted with Chicken, Ham, Cheese, Tomato, Onion & Mayonnaise Served with Chips <i>(Allergen: Contains Dairy, Cereals Containing Gluten, Egg)</i>	€15.50
<b>Toasted or Plain Sandwich</b> With your Choice of Filling Ham, Chicken, Cheese, Tomato & Onion <i>(Allergen: Advice on request)</i>	€7.50
<b>BLT Ciabatta</b> Toasted with Bacon, Lettuce, Tomato, Mayonnaise, Served with Chips and Salad <i>(Allergen: Dairy, Lupin, Mustard, Egg, Cereal Containing Gluten)</i>	€15.50
<b>Lightly Toasted Chicken Tikka Tortilla Wrap</b> Served with Salad and Chips <i>(Allergen: Lupin, Dairy, Mustard, Dairy, Cereal Containing Gluten)</i>	€15.50

SWEET TREATS

<b>Warm Traditional Apple &amp; Rhubarb Crumble</b> Ice Cream & Warm Custard <i>(Allergen: Cereals Containing Gluten, Sulphates, Dairy, Cinnamon, Egg)</i>	€9.00
<b>Homemade Cheesecake of the Day</b> (Please See Specials Board) <i>(Allergen: Contains Cereals Containing Gluten, Dairy,, Egg, Sulphates)</i>	€9.00
<b>Warm Chocolate Fondant</b> Served with Seasonal Fruit Compote & Vanilla Ice Cream <i>(Allergen: Dairy, Egg, Sulphates, Cereal Containing Gluten)</i>	€9.00
<b>Eton Mess</b> Strawberries & Fresh Cream <i>(Allergen: Dairy, Eggs, Gluten Friendly)</i>	€9.00
<b>Vanilla Cream Filled Profiteroles</b> Rich Chocolate Sauce <i>(Allergen: Contains Cereals Containing Gluten, Dairy, Egg, Sulphates)</i>	€9.00
<b>Warm Homemade Scone</b> Fresh Cream & Preserves <i>(Allergen: Cereals Containing Gluten, Dairy, Egg)</i>	€4.50
<b>Tea</b>	€3.00
<b>Americano, Cappuccino, Latte, Flat White, Espresso</b>	€4.00
<b>Irish, French, Calypso, Baileys Coffee</b>	€7.90

*We do not Split Bills, one bill per table. Thank you*