



Gluten Free Menu

Starters

Chef's Soup of the Day

(See Special Board)

€6.50

Cajun Chicken Salad,

Cos Salad, Grated Carrot Vingeratte Caesar Dressing,
Parmesan Shaving

€9.50

Tropical Melon

Served with Fruit Coulis

€7.45

Main Courses

Prime Roast of the Day (No Stuffing)

(See Specials Board)

€15.50

Catch of the Day

(See Specials Board)

(Allergen: Please see your server)

€17.50

Pan- Fried Breast of Chicken

Served with Roast Gravy

€15.45

Pan-Fried Atlantic Salmon

Served with a Lemon & Dill sauce

€17.50

Stir Fry of Crisp Vegetables

In a Sweet Chilli & Soy Sauce Served With Rice

€14.00

Desserts

Chocolate Brownie

Served with Chocolate Sauce

Selection of Ice Cream

With Fresh Cream & Fruit Coulis

Fresh Fruit Salad

Served in a Meringue Nest, Fresh Cream

All Deserts €7.00