

## GLUTEN FRIENDLY MENU

### STARTERS

<b>Chef's Soup of the Day</b> (Allergen: Dairy, Celery)	€8.00
<b>Wild Atlantic Prawn Cocktail</b> (Allergen: Dairy, Fish, Celery, Molluscs, Crustaceans, Eggs, Sulphites) Classic Cocktail Sauce	€14.50
<b>Sizzling Garlic Prawns</b> (Allergen: Dairy, Fish, Celery, Molluscs, Crustaceans) Cherry Tomatoes	€15.95
<b>Seafood Plate</b> (Allergen: Dairy, Fish, Celery, Molluscs, Crustaceans, Eggs) Prawns, Smoked Salmon, Smoked Mackerel Crab Claws	€15.95
<b>St. Tola's Goats Cheese Salad</b> (Allergen: Nuts, Dairy, Lupin, Eggs, Sulphites) Beetroot, Walnuts, & Pomegranate, Lettuce, Balsamic Vinegar	€12.50

### MAIN COURSES

<b>Darne of Salmon</b> (Allergen: Fish, Crustaceans, Dairy, Eggs, Sulphites, Molluscs) Wilted Spinach, Prawn, Lemon Velouté	€24.50
<b>Grilled Seabass</b> (Allergen: Fish, Eggs, Dairy, Crustaceans, Sulphites, Molluscs) Lemon Chive Butter	€22.50
<b>Thai Green Chicken Curry</b> (Allergen: Dairy, Eggs, Soybeans, Crustaceans, Celery) Long Grain Rice (Add. Prawns €5.00)	€21.50
<b>Thai Green Vegetable Curry</b> (Allergen: Dairy, Eggs, Soybeans, Crustaceans, Celery) Long Grain Rice	€19.95
<b>Roast Sirloin of Beef</b> (Allergen: Sulphites, Soybeans)	€23.50
<b>Pan-Fried Breast of Chicken</b> (Allergen: Sulphites, Soybeans) Served with Roast Gravy	€20.50

### SWEET TREATS

<b>Rockslide Chocolate Brownie</b> (Allergen: Dairy, Eggs, Sulphites, Nuts, Soya) Served with Chocolate Sauce, Ice Cream & Fresh Cream	€9.50
<b>Eton Mess</b> (Allergen: Dairy, Eggs) Fresh Strawberries, Ice Cream & Fresh Cream	€9.50
<b>Fresh Fruit Salad</b> (Allergen: Dairy) Ice Cream & Fresh Cream	€9.50



**Bellbridge House**  
HOTEL

# MENU



## STARTERS

<b>Chef's Soup of the Day</b> Homemade Brown Bread <i>(Allergen: Dairy, Celery)</i>	€8.00
<b>Homemade Atlantic Seafood Chowder</b> Served with Brown Soda Bread <i>(Allergen: Dairy, Fish, Celery, Molluscs, Crustaceans, Cereals Containing Gluten Wheat)</i>	€10.50
<b>Chicken Liver Pâté</b> Cumberland Sauce, Toasted Brioche <i>(Allergen: Dairy, Celery, Sulphites, Cereals Containing Gluten Wheat, Sesame, Nuts, Soybeans, Eggs)</i>	€12.50
<b>Chicken, Mushroom &amp; Smoked Bacon</b> Cream Sauce, Bound in Puff Pastry <i>(Allergen: Dairy, Sulphites, Cereals Containing Gluten Wheat, Egg, Celery)</i>	€12.50
<b>Wild Atlantic Prawn Cocktail</b> Classic Cocktail Sauce <i>(Allergen: Dairy, Fish, Celery, Molluscs, Crustaceans, Sulphites)</i>	€14.50
<b>Sizzling Garlic Prawns</b> Cherry Tomatoes & Toasted Sourdough <i>(Allergen: Dairy, Fish, Molluscs, Crustaceans, , Cereals Containing Gluten Wheat)</i>	€15.95
<b>Seafood Plate</b> Prawns, Smoked Salmon, Smoked Trout, Crab Claws <i>(Allergen: Dairy, Fish, Molluscs, Crustaceans, Sulphites)</i>	€15.95
<b>St. Tola's Goats Cheese Crostini</b> Beetroot, Walnuts, Pear & Pomegranate <i>(Allergen: Nuts, Dairy, Lupin, Cereals Containing Gluten Wheat)</i>	€12.50

## MAIN COURSES

<b>Roast Half Silver Hill Duck</b> House Stuffing, Roasted Parsnips, Apple, Orange Glaze <i>(Allergen: Lupin, Cereals Containing Gluten Wheat, Sulphites, Soybeans)</i>	€27.95
<b>Homemade Bellbridge Vegetable Lasagne</b> with Chips & Salad <i>Allergen: Sulphites, Egg, Dairy, Celery, Lupin, Cereals Containing Gluten Wheat, Soybeans)</i>	€20.50
<b>Prime Sirloin Steak</b> Colcannon, French Fried Onion & Mushroom <i>(Allergen: Cereals Containing Gluten Wheat, Lupin, Sulphites, Soybeans)</i>	€34.00
<b>Darne of Salmon</b> Wilted Spinach, Prawn, Lemon Velouté <i>(Allergen: Fish, Crustaceans, Eggs, Dairy, Celery, Sulphites)</i>	€24.50
<b>Grilled Seabass</b> Lemon Chive Butter <i>(Allergen: Fish, Crustaceans, Dairy, Celery)</i>	€23.00
<b>Thai Green Chicken Curry</b> Long Grain Rice, Naan Bread (Add Prawns €5.00) <i>(Allergen: Cereals Containing Gluten Wheat, Dairy, Nuts, Soybeans)</i>	€21.50
<b>Thai Green Vegetable Curry</b> Long Grain Rice, Naan Bread <i>(Allergen: Cereals Containing Gluten Wheat, Dairy, Nuts, Soybeans)</i>	€19.95
<b>Chicken Kiev</b> Served with Chips & Salad <i>(Allergen: Cereals Containing Gluten Wheat, Dairy, Eggs, Lupin)</i>	€20.50
<b>Wild Atlantic Seafood Spaghetti</b> Salmon, Prawns, Muscles & Cod, Cream Sauce <i>(Allergen: Fish, Crustaceans, Molluscs, Cereals Containing Gluten Wheat, Sulphites, Lupin, Dairy, Mustard)</i>	€24.95
<b>Pime Roast Of The Day</b> <i>(Allergen: Sulphites, Soybeans)</i>	€23.50

*All Main Courses Served with Potato  
& Vegetables or Chips & Salad*

## SIDE ORDERS

<b>Chips / Side Salad / Garlic Bread / Fresh Vegetables / Potatoes</b>	€4.50
--	-------

*(Allergen: Lupin, Cereals Containing Gluten Wheat, Mustard, Eggs, Dairy)*

## LIGHT SNACKS

<b>BLT Ciabatta</b> Toasted with Bacon, Lettuce, Tomato, Mayonnaise, Served with Chips and Salad <i>(Allergen: Cereal containing Gluten Wheat, Lupin, Mustard, Eggs, Sulphites)</i>	€16.50
<b>Toasted Special</b> Ham, Cheese, Tomato, Onion & Chips <i>(Allergen: Lupin, Dairy, Mustard, Dairy, Cereal Containing Gluten)</i>	€12.50
<b>Open Sourdough, Smoked Salmon</b> Served with Side Salad & Chips <i>(Allergen: Cereals Containing Gluten Wheat, Lupin, Fish, Sulphites, Eggs)</i>	€18.95
<b>Open Sourdough, Chicken Salad</b> Served with Side Salad & Chips <i>(Allergen: Cereals Containing Gluten Wheat, Lupin, Eggs, Dairy, Sulphites, Mustard)</i>	€16.95

## SWEET TREATS

<b>Warm Traditional Apple Pie</b> Warm Custard <i>(Allergen: Cereals Containing Gluten Wheat, Lupin, Sulphites, Egg, Dairy, Nuts)</i>	€9.50
<b>Homemade Cheesecake of the Day</b> (Please See Specials Board) <i>(Allergen: Cereals Containing Gluten Wheat, Lupin, Sulphites, Egg, Dairy)</i>	€9.50
<b>Sticky Toffee Pudding</b> Butterscotch Sauce <i>(Allergen: Cereals Containing Gluten Wheat, Lupin, Sulphites, Egg, Dairy, Soybeans)</i>	€9.50
<b>Warm Chocolate Fondant</b> Served with Seasonal Fruit Compote <i>(Allergen: cereals Containing Gluten Wheat, Lupin, Sulphites, Egg, Dairy, Soybeans, Nuts)</i>	€9.50
<b>Eton Mess</b> Fresh Strawberries <i>(Allergen: Egg, Dairy)</i>	€9.50
<b>Vanilla Cream Filled Profiteroles</b> Chocolate Sauce <i>(Allergen: Cereals Containing Gluten Wheat, Lupin, Sulphites, Egg, Dairy)</i>	€9.50
<b>Warm Homemade Scone</b> Fresh Cream & Preserves <i>(Allergen: Cereals Containing Gluten Wheat, Lupin, Sulphites, Egg, Dairy)</i>	€5.00

*All Deserts are Served with Ice Cream & Fresh Cream*

## HOT BEVERAGES

<b>Tea</b>	€3.50
<b>Coffee</b>	€4.00
<b>Americano,, Espresso</b>	€4.00
<b>Cappuccino, Latte, Flat White</b>	€4.20
<b>Irish, French, Calypso, Baileys Coffee</b>	€8.50

*We do not Split Bills, one bill per table. Thank you*